

MENU

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 Chicken Alfredo with Mixed Veggies	3 Baked Bean and Rice Burritos with Salsa and sliced Cucumbers	4 Tuna, Veggie & Noodle Casserole	5 Deli Meat & Cheese Subs with Sliced Apples
8 Chicken & Veggie Stir Fry	9 Peanut Butter Sandwiches, Raisins & Fruit	10 Macaroni & Cheese made with Veggies & White Beans	11 Blueberry Pancakes with a Side of Ham	12 Sloppy Joes with a side of Carrots
15 Baked Spaghetti	16 Tuna Salad Wraps and sliced Cucumbers	17 Cheesy Taco Pasta	18 Chicken & Rice Bake	19 English Muffin Pizzas
22 Cheesy Hamburger Casserole	23 Chicken Salad Sandwiches with cut up fruit	24 Ham and Hashbrown Casserole	25 Homemade Alphagetti	26 Tuna Melts with sliced apples
29 Creamy Chicken & Vegetable Noodles	30 Bean & Cheese Quesadillas with Salsa	31 Lasagna Casserole with Veggies & Meat Sauce		

All Meals come with a glass of 2% Milk or Dairy Alternative of your choice