

MENU

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 Rice & Bean Burritos with Cucumber Slices	5 Chicken & Veggie Noodle Casserole	6 Sloppy Joes with a side of Carrots	7 Mac & Cheese with Veggies & Navy Beans
10 Chicken & Broccoli Alfredo	11 Tuna Melts with Apple Slices	12 Taco Pasta	13 Veggie Lentil Bake with Garlic bread	14 Chicken Salad Sandwiches with Cut up Fruit
17 Vegetarian Chili Macaroni	18 Tuna Wraps with a side of Carrots	19 Baked Spaghetti with Hamburger	20 Chicken, Veggie & Rice Bake	21 Peanut Butter Sandwiches with Cut up Fruit
24 Baked Hamburger Ravioli	25 Bean & Cheese Quesadillas with Sliced Cucumbers	26 Tuna Noodle Casserole	27 Meatballs, Rice & Veggies in Tomato Sauce	28 Pizza with Apple Slices

All Meals come with a glass of 2% Milk or Dairy Alternative of your choice