

MENU

NOVEMBER

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|-------------------------------------|---|---|
| | | | 1 Chicken & Broccoli Alfredo | 2 Peanut Butter on Naan Bread, Apple Slices & Cubed Cheese |
| 5 Veggie Mac & Cheese with Navy Beans | 6 Tuna Sandwiches with Cut Up Fruit | 7 Hash brown & Chicken Casserole | 8 Cheesy Hamburger Casserole | 9 Chicken Salad Wraps with Sliced Cucumbers |
| 12 CLOSED | 13 Chicken & Vegetable Noodle Casserole | 14 Spaghetti & Meatballs | 15 Bean & Rice Burritos with Cut up Fruit | 16 Sloppy Joes with Carrots |
| 19 Tuna Noodle Casserole | 20 Chicken, Veggies & Rice Casserole | 21 Taco Pasta | 22 Bean & Cheese Quesadillas with Sliced Cucumbers | 23 Pizza with Sliced Apples |
| 26 Meatballs, Rice & Veggies in Tomato Sauce | 27 Tuna Melts with Sliced Cucumbers | 28 Veggie Chili Macaroni | 29 Peanut Butter Sandwiches & Cut up Fruit | 30 Hamburger Ravioli with diced tomatoes |

All Meals come with a glass of 2% Milk or Dairy Alternative of your choice