

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Peanut Butter on Naan Bread, Cut up Cheese & Cucumbers
4 Chicken & Broccoli Alfredo	5 Meatballs, Veggies & Rice	6 Tuna Melts with Cut up Fruit	7 Cheesy Hamburger Casserole	8 Pizza with Apple Slices
11 Bean & Cheese Quesadillas with Sliced Cucumbers	12 Pancakes, Eggs & Bananas	13 Spaghetti & Meatballs	14 Grilled Cheese Sandwiches with Cut up Fruit	15 Chicken & Veggie Noodle Casserole
18 Vegetarian Chili Macaroni	19 Chicken, Veggies & Rice Stirfry	20 Homemade Alphagetti	21 Peanut Butter & Jam Sandwiches with Cut up Fruit	22 Chicken Salad Wraps with Carrots
25 Tuna Noodle Casserole	26 Chicken Pot Pie	27 Baked Bean Burritos with Sliced Cucumbers	28 Hamburger Noodle Casserole	29 English Muffin Pizzas with Sliced Apples

**All meals come with a glass of 2% milk or dairy alternative of your choice.**