MENU JULY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
CLOSED HAPPY CANADA DAY!	Chicken Pot Pie	Three Cheese Tortellini	Peanut Butter Sandwich & Fruit Salad	Sloppy Joes
8	9	10	11	12
Blueberry Pancakes & Scrambled Eggs	Vegetable Minestrone Soup	Taco Casserole	Chicken Fried Rice	Tuna Melts & Carrot Sticks
15	16	17	18	19
Spaghetti & Meat Sauce	Grilled Cheese & Apple Slices	Chicken Broccoli Alfredo	Peanut Butter Banana Roll Ups & Cheese	Pizza
22	23	24	25	26
Chicken Salad Wraps & Watermelon	Hamburger Noodle Casserole	Quesadillas & Sliced Cucumber	Chicken Noodle Soup	BBQ Meatballs, Rice & Veggies
29	30	31		
Tuna Macaroni Salad	French Toast Bake & Fruit	Chicken Stir Fry		

All meals come with a glass of 2% milk or dairy alternative of your choice.