

MENU

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 NEW YEARS DAY CENTER CLOSED	2 Chicken, Veggie & Rice Casserole	3 Spaghetti & Meatballs
6 Tuna Melts & Cucumber Coins	7 Tacos & Carrot Sticks	8 Homemade Macaroni & Cheese & Apple Slices	9 Vegetarian Mexican Rice Casserole	10 Chicken Pot Pie
13 Vegetable Fried Rice	14 Bean & Cheese Quesadillas & Cucumber Coins	15 Chicken Noodle Soup	16 Shepards Pie	17 Tuna Noodle Casserole
20 Chicken Parm Bake	21 Cheeseburger Pie	22 Chicken Salad Wraps & Carrot Sticks	23 Three Cheese Tortellini	24 Peanut Butter Sandwiches & Fruit
27 Pizza & Apple Slices	28 Blueberry Pancakes & Eggs	29 Hamburger Hashbrown Casserole	30 Chicken Broccoli Alfredo	31 Vegetable Minestrone Soup

All meals comes with a glass of 2% milk or dairy alternative of your choice.