

MENU

JULY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 HAPPY CANADA DAY ! CENTER CLOSED	2 Chicken Stir Fry
5 Three Cheese Tortellini	6 Chicken Fried Rice	7 Shepards Pie	8 Tuna Melts & Carrot Sticks	9 Pizza & Apple Slices
12 Blueberry Pancakes & Scrambled Eggs	13 Tuna Pie Caserolle	14 Pulled Pork Sandwiches & Watermelon	15 Spaghetti & Meat Sauce	16 Chicken Salad Wraps & Cucumber Coins
19 Fish Sticks, Hashbrowns & Corn	20 Grilled Cheese Sandwiches & Apple Slices	21 Cheesy Ham & Broccoli Casserole	22 Tacos & Carrot Sticks	23 Pasta Salad & Baked Beans
26 Homemade Macaroni & Cheese	27 Sweet & Sour Meatballs, Rice & Veggies	28 Egg Salad Sandwiches & Diced Melon	29 Hamburger Noodle Casserole	30 Chicken Quesadillas & Cucumber Coins