

MENU

SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Spaghetti & Meatballs	2 Chicken Stir Fry	3 Shepards Pie
6 LABOUR DAY CENTER CLOSED	7 Three Cheese Tortellini	8 Chicken Salad Wraps & Apple Slices	9 Tacos & Corn	10 Cheesy Ham & Broccoli Casserole
13 Cheeseburger Pie	14 French Toast Sticks & Fruit	15 Homemade Macaroni & Cheese	16 Ranch Chicken Casserole & Green Beans	17 Fish Sticks, Hashbrowns & Broccoli
20 Tuna Noodle Casserole	21 Pizza Muffins & Cucumber Coins	22 Sloppy Joes & Carrot Sticks	23 Honey Garlic Pork & Fried Rice	24 Peanut Butter Sandwiches & Fruit
27 Grilled Cheese & Apple Slices	28 Picnic Plate: Hard Boiled Egg, Cubed Cheese, Crackers & Fruit	29 Chicken Noodle Soup	30 Baked Ziti	