

MENU

OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Tuna Melts & Cucumbers
4 Quiche & Fruit	5 Taco Pasta	6 Sweet & Sour Meatballs, Rice & Veggies	7 Pumpkin Spice Pancakes & Scrambled Eggs	8 Chicken Pot Pie & Thanksgiving Dessert
11 HAPPY THANKSGIVING CENTER CLOSED	12 Hamburger Noodle Caserolle	13 Crispy Chicken Wraps & Carrot Sticks	14 Vegetable Minestrone Soup	15 Chicken Fried Rice
18 Peanut Butter Roll Ups & Bananas	19 Egg & Cheese Breakfast Sandwich & Fruit	20 Spaghetti & Meat Sauce	21 Baked Haddock, Rice & Veggies	22 Homemade Alphagetti
25 Chicken Salad Sandwiches & Cucumbers	26 Fish Sticks, Hashbrowns & Veggies	27 Chicken Broccoli Alfredo	28 Quesadillas & Avocado Slices	29 Mummy Pizzas & Halloween Treat